

SOUTHERN REGIONAL HIGH SCHOOL

MEAL TICKETS MAY BE PURCHASED IN ADVANCE

AVAILABLE DAILY: ASST, FRUITS, VEGETABLE, WG BREAD, CHOICE OF 1% or FF FLAVORED MILK

	Monday 5/13	Tuesday 5/14	Wednesday 5/15	Thursday 5/16	Friday 5/17
FAVORITES 	Cheese Quesadilla Carrot Sticks Spinach Salad Fruit 1% or FF Milk	Baked Chicken w/ Stuffing Brown Rice Spinach Salad Fruit 1% or FF Milk	Macaroni Cheese w/ Breadstick Steamed Broccoli Spinach Salad Fruit 1% or FF Milk	General Tso's Chicken Over Brown Rice Green Beans Spinach Salad Fruit 1% or FF Milk	Fish Tacos Potato Wedges Green Beans Spinach Salad Fruit 1% or FF Milk
GRILL 	Chicken Patty Hamburger Cheeseburger Chicken Patty Carrot Sticks Spinach Salad Fruit 1% or FF Milk	Cheese Steak Hamburger Cheeseburger Chicken Patty Brown Rice Spinach Salad Fruit 1% or FF Milk	Hot Dog Hamburger Cheeseburger Chicken Patty Steamed Broccoli Spinach Salad Fruit 1% or FF Milk	Pulled Pork BBQ Sandwich Hamburger Cheeseburger Green Beans Spinach Salad Fruit 1% or FF Milk	Meatball Sub Hamburger Cheeseburger Potato Wedges Green Beans Spinach Salad Fruit 1% or FF Milk
PIZZA 	Pepperoni Pizza White Pizza Cheese Pizza Carrot Sticks Spinach Salad Fruit 1% or FF Milk	Buffalo Chicken Pizza Stromboli Brown Rice Spinach Salad Fruit 1% or FF Milk	Cheese Pizza Pepperoni Pizza Steamed Broccoli Spinach Salad Fruit 1% or FF Milk	French Bread Pizza Cheese Pizza Green Beans Spinach Salad Fruit 1% or FF Milk	Chicken Fajita Pizza Cheese Pizza Potato Wedges Green Beans Spinach Salad Fruit 1% or FF Milk
PASTA 	Macaroni & Cheese ----- Carrot Sticks Spinach Salad Fruit 1% or FF Milk	Penne w/ Tomato Cream Sauce ----- Brown Rice Potato Wedges Spinach Salad Fruit 1% or FF Milk	Pasta W/Meatballs ----- Steamed Broccoli Spinach Salad Fruit 1% or FF Milk	Pasta w/Alfredo Sauce ---- Green Beans Spinach Salad Fruit 1% or FF Milk	Baked Ziti ---- Potato Wedges Green Beans Spinach Salad Fruit 1% or FF Milk
SANDWICHES 	Wraps & Sandwiches Wheat Bread Or Hoagie Roll Carrot Sticks Spinach Salad Fruit 1% or FF Milk	Wraps & Sandwiches Wheat Bread Or Hoagie Roll Brown Rice Spinach Salad Fruit 1% or FF Milk	Wraps & Sandwiches Wheat Bread Or Hoagie Roll Steamed Broccoli Spinach Salad Fruit 1% or FF Milk	Wraps & Sandwiches Wheat Bread Or Hoagie Roll Green Beans Spinach Salad Fruit 1% or FF Milk	Wraps & Sandwiches Wheat Bread Or Potato Wedges Green Beans Spinach Salad Fruit 1% or FF Milk
SALAD BAR 	Salad Bar \$3.00 Adults \$3.85 per lb. Dinner Roll	Salad Bar \$3.00 Adults \$3.85 per lb. Dinner Roll	Salad Bar \$3.00 Adults \$3.85 per lb. Dinner Roll	Salad Bar \$3.00 Adults \$3.85 per lb. Dinner Roll	Salad Bar \$3.00 Adults \$3.85 per lb. Dinner Roll
STUDENT LUNCH \$2.35 - PREMIUM LUNCH \$2.75					

CAFETERIA MANAGERS: 9/10 PAM SHENLOOGIAN ext. 4306 -- 11/12 LINDA CRACOLICI ext. 4419